

KENT ISLAND CUP RELAY

RACE RULES

OC-1/2 Start Time 7:15 am - OC-6 Start Time 7:30 am

THERE WILL BE 9 DIVISIONS.

- OC-6 MENS (UP TO 12 MEN)
- OC-6 WOMENS (UP TO 12 WOMEN)
- OC-6 MIXED (UP TO 6 MEN AND 6 WOMEN IN EVENLY MIXED CREWS)
- OC-2 MENS (4 MEN)
- OC-2 WOMENS (4 WOMEN)
- OC-2 MIXED (2 MEN & 2 WOMEN)
- OC-1 MENS (2 MEN)
- OC-1 WOMENS (2 WOMEN)
- OC-1 MIXED (1 MAN & 1 WOMAN)

1. THE RACE WILL START AND FINISH AT THE KENT ISLAND YACHT CLUB WITH EACH LEG BEING APPROXIMATELY 7-10 MILES LONG.
2. TEAMS WILL RACE 4 LEGS WITH LAND "CHANGE OUTS" AT THE END OF EACH LEG. TEAM MEMBERS NOT PADDLING IN THE FIRST LEG WILL TRAVEL BY CAR TO THE FIRST CHANGE OUT LOCATION. AFTER THE FIRST CHANGE OUT THE FIRST LEG PADDLERS WILL DRIVE THE VEHICLE TO THE SECOND CHANGE OUT SITE. THIS WILL BE REPEATED FOR THE THIRD LEG WITH THE THIRD LEG PADDLERS DRIVING BACK TO THE KENT ISLAND YACHT CLUB.
3. TEAMS MUST CHANGE OUT AT THE DESIGNATED CHANGE OUTS SITES ONLY. NO INTERMEDIATE CHANGE OUTS.
4. TEAMS MAY RACE WITH LESS THAN 12 PADDLERS.
5. MIXED TEAMS MUST RACE WITH AN EQUAL AMOUNT OF WOMEN OR A MAJORITY OF WOMEN IF THE TOTAL TEAM COUNT IS ODD. EXAMPLE – 11 TEAM MEMBERS, 6 MUST BE WOMEN TO RACE IN THE MIXED DIVISION.
6. IF A MIXED TEAM HAS MORE MEN THAN WOMEN, THEY WOULD BE PLACED IN THE MENS DIVISION.
7. ALL MIXED TEAMS MUST RACE WITH 3 MEN AND 3 WOMEN IN EACH CREW. **NO OTHER COMBINATIONS ALLOWED.**
8. TEAMS RACING WITH MORE MEN THAN WOMEN WILL BE PLACED IN THE MENS DIVISION.
9. ALL TEAM MEMBERS MUST CHANGE OUT AT THE CHANGE OUT SITES. ALL CHANGES MUST BE FROM THE LAND BASED CHANGE OUT SITES, NO WATER CHANGES WILL BE PERMITTED UNLESS SPECIAL PERMISSION IS GIVEN BY THE RACE DIRECTOR PRIOR TO THE START OF THE RACE. CREWS FAILING TO CHANGE OUT AT THE DESIGNATED SITES WILL BE PENALIZED 15 MINUTES FOR EACH INFRACTION.
10. WINNERS WILL BE DETERMINED BY THE FASTEST OVERALL TIME IN EACH DIVISION.